

March 2014

Dear Friend, Namaste

I am delighted to share our very first newsletter. You have empowered countless men, women, and children and now you can hear from them yourself. Every three months, we will share new stories and new ways to support IDRF. You are the core of the IDRF family, so I hope you will send me your comments.

Regards,
Vinod Prakash
President, IDRF
vinod@idrf.org

Women Earning Income - and Respect



Before she joined our program, Kamlesh "... had no means of empowerment" in her village. Today she is the president of a dairy cooperative, thanks to donors like you. IDRF funded the ladies' training in management and marketing. While they once lived in poverty, today "each member is earning Rs. 6000 per month [and] has a fridge, a gas stove, and a washing machine."

Click here to learn how these [Haryanvi ladies became a model of women's empowerment](#)

Meet the Future Scientists of India!



Children from poor families are excelling in school. Because of your generosity, IDRF was able to build a computer lab, staff quarters, and a playground for Udavi School. Click on the [video](#) to meet the kids and watch your dollars at work in Tamil Nadu.

Sweet Success

Gur is a delicious organic sugar, but it is also a great source of iron and calcium, especially for women in rural Maharashtra. Thanks to IDRF and you, a new rural facility is making *gur* from organic sugarcane - at a price families can afford. Their facility employs 40 local people and supports 50 farmers. Click for [photos of the gur-making process](#) and a [recipe for gur ki kheer](#).



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