
PROVIDE NUTRITION PACKETS TO MALNOURISHED LOW-INCOME WOMEN DURING PREGNANCY AND LACTATION



Poor nutrition during pregnancy is a major public health problem in India and causes several health problems in both the mother-to-be and her developing baby. IDRF in partnership with Surabi Trust provides nutrition powder (made from grains, pulses, nuts, spices, etc.) to pregnant women in the backward suburbs of Chennai through the Urban Primary Health Centers.

This nutrition powder is certified by the Food Safety and Standards Authority, India, and is lab-tested regularly to maintain high quality.



Your gift of \$1,600 will help in providing one nutrition packet (2Lbs 3oz) each month to 100 pregnant/lactating women (\$1.30 per mother/month) for one year.

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