## EASING THE WEIGHT OF WATER PROVIDE WATER WHEELS TO HELP WOMEN



IDRF HAS PROVIDED 500+ WATER WHEELS TO WOMEN IN GUJARAT
In the Kutch district, rainfall is low and erratic, and droughts are common. Women and girls walk 3-4 miles per day to fetch water from wells and ponds for household use. The drudgery of carrying water can be reduced by the use of inexpensive but durable plastic containers on wheels with a capacity of 45 liters. IDRF is seeking your help to provide Water-Wheels to the local self-help groups to be distributed to women who carry water back and forth every day. Each Water Wheel can be used by multiple women and last for 4 to 5 years.
"The Water Wheels have saved me from years of neck and back pain! My daughter has more time to study and play and the personal hygiene activities of the family members have improved!", says Lilaben, a beneficiary.


Each Water Wheel costs only $\$ 36$ and can be used by 3 families/day.
Your gift of $\$ 900$ will help provide 25 Water Wheels to 50 women and save them the burden of carrying water every day.

## Donate to IDRF

