



Empowering the Underprivileged for 30 years

IDRF



INDIA DEVELOPMENT AND RELIEF FUND

ANNUAL REPORT 2017



IDRF Mission

Breaking the cycle of poverty in India, Nepal and Sri Lanka by empowering marginalized people through skills, services and infrastructure grounded in sustainable development.

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A Message from the President

Dear Friends,

Namaste!

My wife Sarla and I came to the United States for higher education and settled here. As a typical Indian couple, we kept in close contact with our family and friends back home, but went a step further in connecting our lives with our roots. We felt, we owed a debt to Indian society and wanted to make a difference in the lives of the less privileged and thus, established India Development and Relief Fund (IDRF) in 1988. IDRF offers a platform to NRIs to fulfil their dreams of: **Giving back to 'the Land of our Ancestors'**. We also felt a deep sense of joy, each time we hear how our beneficiaries are enjoying better quality of life and realizing their potential because of supporters like YOU!



Dr. Vinod and Sarla Prakash conferred with Manav Seva Sarvodaya Award by National Council of Asian Indian Association, Governor Larry Hogan and Indian American Community on 69th Indian Republic Day celebrations at Maryland, January 26, 2018

Over the past three decades, we saw the dire need for medical facilities in the interiors of India, which led IDRF to fund 30 mobile medical clinics in 15 states, mostly serving rural and tribal communities. In places where there were no schools, IDRF started supporting one-teacher schools. 2,100+ rural women have been made self-reliant and confident by forming self-help groups and providing micro-credit for small business enterprises. Adequate and safe drinking water has been provided to 250,000+ people in arid and hilly parts of 2 states and 2,500 private toilets for rural poor constructed in 3 states in order to end open defecation under the Clean India Mission. These are some of the many heart-warming stories of IDRF's progress over 30 years!

No words can adequately express my immense gratitude to IDRF's donors like YOU, who have continually put your trust in us. In 2017, YOU made it possible for us to raise \$2.07 million that helped improve the lives of tens of thousands of underprivileged in India, Nepal and Sri Lanka. We continued our programs of providing education and healthcare to the poor and needy, empowering rural women and youth to be self-reliant by extending micro-credit and micro-savings as well, advocating good governance and promoting eco-friendly development, while providing relief and rehabilitation to victims of floods all across India.

I encourage and invite all our supporters to visit any of our program sites for a truly enriching experience! Meanwhile I hope you enjoy reading our special edition Annual Report which highlights our achievements in 2017 and showcases few of IDRF's accomplishments over the past 30 years.

Thank you,

A handwritten signature in black ink that reads "Vinod Prakash". The signature is written in a cursive, flowing style.

Vinod Prakash, PhD.
Founder and President

Fundraising and Grant Distribution: 2017

Our Program Sites



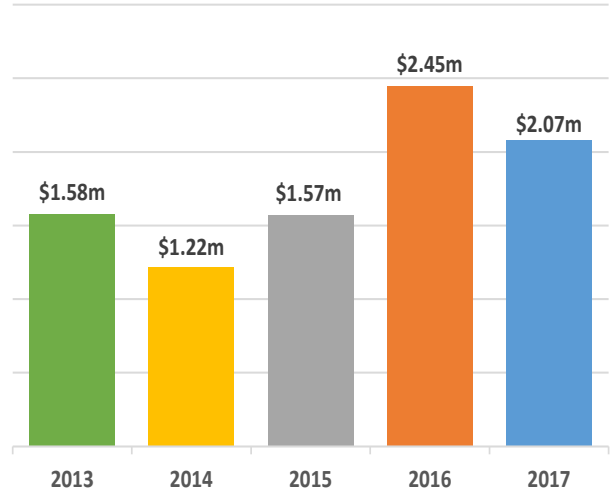
Development Programs



Disaster Relief/Rehab Programs

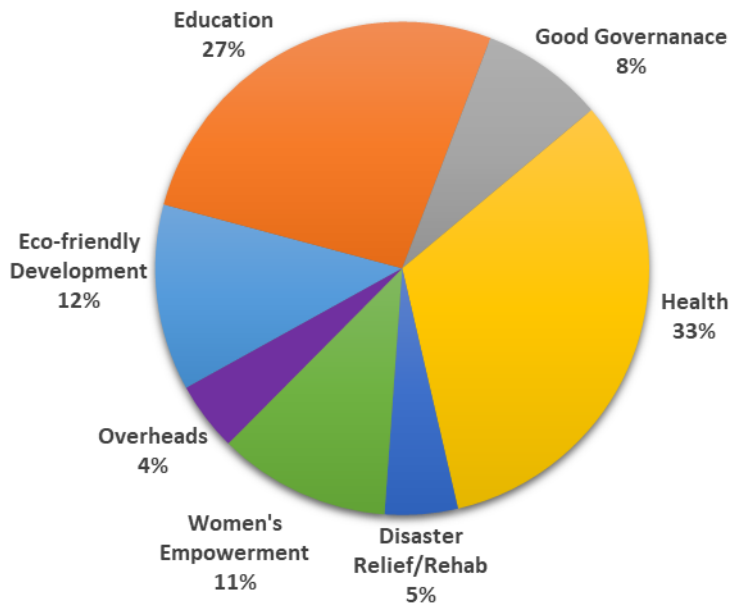
YOU helped us raise \$2.07 million in 2017

Funds Raised (\$Millions): 2013 - 2017



Auditors: Desai & Shah, PC, CPAs, Maryland, USA

Distribution of Functional Expenses



Grant Distribution by Focus Area (Total \$1,884K)

- \$641k Health
- \$527k Education
- \$241k Ecofriendly Development
- \$222k Women's Empowerment
- \$159k Good Governance
- \$94k Disaster Relief/Rehab

NGO Partners by Focus Areas: 2017

 Health	 Education
Partner NGO	Partner NGO
Project Location	Project Location
Manasa Devi Charitable Trust Health Aid Trust Dr. Babasaheb Ambedkar Vidakiya Pratishthan Sree Parthi Sai Trust Mata Balak Utkarsh Pratishthan Public Health Concern Trust Swami Vivekananda Rural Development Society Yogoda Satsanga Society of India Sahaj Seva Samasthan Sri Ram Grameen Kshetra Vikas Samit Ramakrishna Math Economic Rural Development Society	Shikshantar Sansthan Akhil Bhartiya Vanvasi Kalyan Ashram Shiksha Bharati Upakar Foundation Action for India Scaling Social Innovation Sewa International Samerth Charitable Trust Shri Nilkanth Samaj Seva Trust Atma Vidya Ashram Charitable Trust Mangala Seva Samiti Trust Vatsalya Trust Mumbai Mata Balak Utkarsha Pratishthan Shri Hari Satsang Samiti Swami Vivekananda Educational Pratishthan Society for Welfare of the Handicapped - Patiala Schools Gramin Mahila Shikshan Sansthan Samiti Bodh Shiksha Samiti Maharishi Dayanand Mahila Sikshan Sansthan Swami Keshwanand Smriti Charitable Trust Hare Krishna Movement Auroville Unity Fund Ma Saraswati Trust Surabi Trust Pardada Pardadi Foundation Sri Ram Gram Vikas Samiti Vikhar Paribar Bikash Kendra Yogoda Satsanga Society of India
Andhra Pradesh Gujarat Gujarat & Maharashtra Karnataka Maharashtra Nepal Tamil Nadu Tamil Nadu & W. Bengal Telangana Uttar Pradesh Uttarakhand West Bengal	Across India Across Tribal India Across Tribal India Across USA Delhi Delhi Gujarat Gujarat Karnataka Karnataka Maharashtra Maharashtra Maharashtra Maharashtra Punjab Rajasthan Rajasthan Rajasthan Rajasthan Rajasthan Tamil Nadu Tamil Nadu Tamil Nadu Uttar Pradesh Uttar Pradesh West Bengal West Bengal
 Ecofriendly Development	
Partner NGO	
Project Location	
Circle of Goodwill Samerth Charitable Trust Swami Vivekananda Rural Development Society	Andhra Pradesh Gujarat & Chattisgarh Tamil Nadu
 Women's Empowerment	
Partner NGO	
Project Location	
Arpana Research and Charities Trust Vivekananda Yoga Anusandhana Samsthan Lila Poonawala Foundation S M Sehgal Foundation Sri Lanka Centre for Development Facilitation	Haryana Karnataka Maharashtra Rajasthan Sri Lanka
 Good Governance	
Partner NGO	
Project Location	
Janaagraha Center for Citizenship & Democracy Transparency International India Arpana Research and Charities Trust	Across Urban India Bihar & Jharkhand Haryana
	 Disaster Relief/Rehab
	Partner NGO
	Project Location
	Gram Vikas Parishad Samerth Charitable Trust Sathya Sai Trust Swami Vivekananda Rural Development Society Manav Seva Sansthan Economic Rural Development Society
	Bihar Gujarat Odisha Tamil Nadu Uttar Pradesh West Bengal

**IN 2017 WE WORKED WITH 45 NGOs IN 17 INDIAN STATES
AND 1 EACH IN NEPAL, SRI LANKA AND USA**

IDRF's ACCREDITATIONS
Platinum Seal from Guidestar
Top-rated charity with 5 star rating by GreatNonProfits.org
4 out of 4 stars from Charity Navigator
for last five consecutive years
'Top 10 perfect score (100%) charities relying on
Private contributions' by Charity Navigator

IDRF's Mission and Strategy in Action-I

Our Journey with Swami Vivekananda Rural Development Society (SVRDS)

IDRF has collaborated with SVRDS for over three decades to empower the rural poor. SVRDS works in the rural parts of Tamil Nadu, where people are extremely poor and suffer from high rates of malnutrition, illiteracy, unemployment and poverty. IDRF started the association with grants for **training of social workers and increasing skills and capabilities of marginalized communities** to integrate them in to mainstream society. With changing times and requirements IDRF has supported programs with varying focus areas.

Children in rural and remote areas have no access to education due to lack of infrastructure and the need to earn daily wages due to extreme poverty. IDRF has supported SVRDS in providing **100+ Single Teacher Schools** (formally called **Ekal Vidyalaya**) where the poor are given free education in the evenings at a convenient location in the village.



With IDRF's support, 7 houses were built to rehabilitate victims of the 2015 Chennai floods

IDRF has also supported **disaster relief and rehabilitation** programs through SVRDS. In 2004, an earthquake set off a tsunami that caused devastation across the Indian Ocean coastline. IDRF sent grants to provide **relief for the fishermen** in *Nagapattinam* and nearby areas who had lost all their belongings and means to earn livelihood. The fishermen were provided fishing boats and nets, etc. in order to help them start up again.

In 2015, when floods hit Tamil Nadu and Andhra Pradesh, IDRF sent grants for 2,000 **relief kits** for those who did not receive government aid in time. These kits consisted of a steel container filled with kitchen utensils, clothing, mats, groceries and medicines.

SVRDS has used its outreach for Clean India Mission by engaging in a uniquely designed rural sanitation program. Since 2016, IDRF's grants have enabled 36 rural poor families to have **private toilet-cum-bathroom units**.

In 2017, IDRF started an innovative program with SVRDS to provide **eco-friendly electric power** to Single Teacher Schools in 100 villages. This program aims to convert renewable solar energy into regular electricity through photovoltaic (PV) systems. The installation and maintenance of the solar PV systems is generating rural employment in non-agricultural sector and clean energy solutions to these villages.



Solar panels installed on the roofs of Single Teacher Schools to provide electricity for evening classes

IDRF's Mission and Strategy in Action-II

OUR UNIQUE DEVELOPMENT STRATEGY: TRIBAL EMPOWERMENT

IN ASSAM, CHHATTISGARH, HARYANA, JHARKHAND,
MADHYA PRADESH, MIZORAM, TELANGANA AND UTTAR PRADESH

Over the past three decades, IDRF has provided education, healthcare, livelihood and efficient technology to tribal communities to bring about social and economic welfare, while keeping their cultural moorings intact. Literacy rates among tribes (59%) is far below national average (73%). IDRF and longtime partner-Vikas Bharti Bishunpur developed an **educational infrastructure** to provide free education to thousands of deprived children. IDRF helped create a sustainable development model for rural communities through **women-led horticulture programs**. A **Research & Development center** was established to develop **draught-resistant crops, quality seeds** and **agro-products** in order to promote rural entrepreneurship. Vikas Bharti is now the largest partner of government in implementing and replicating IDRF-inspired **tribal welfare programs** in other parts of Jharkhand.

After the devastating tsunami that hit coasts along Indian Ocean in 2004, IDRF supported the construction of a hostel in Bakultala, for providing **relief to the devastated tribal families** from Andaman and Nicobar Islands.



Bee-keeping is introduced to promote rural tribal entrepreneurship

IDRF successfully implemented an **integrated rural development program- Arogya Dhara** in Telangana that provided health, sanitation and livelihood for 7,800 families in 133 villages through Private-Public partnerships. IDRF supported Shyamprasad Institute for Social Service in **construction of toilets** and **soak pits**, providing **free medical camps**, distribution of **homeopathic medicines, skill development** for unemployed, eco-friendly methods of **horticulture and backyard plantation** to socially and economically empower the marginalized communities.

With IDRF's guidance and financial support, Shiksha Bharati constructed a dormitory that can accommodate 100 girls on its school campus in Hapur. **Free holistic education, boarding and lodging**, is provided to underprivileged tribal girls from eastern states along with **vocational trainings** to develop their employment potential. Some graduates have returned to their native places where they teach local girls, thus, making a contribution to breaking the cycle of gender discrimination and poverty in their communities. IDRF also started a **skill development center** in Warangal through Seva Bharathi Telangana, where tribal youth are trained in servicing and repairing of appliances in order to make them self-reliant.

IDRF is supporting the operation costs of **primary schools, 100+ One Teacher Schools, computer center, dormitories** and **orphanage** (whose construction it had funded earlier), through Akhil Bhartiya Vanvasi Kalyan Ashram, Sewa Bharati Madhya Pradesh and Uttaranchal Daivi Aapda Peedit Sahayata Samiti. IDRF funds **medical vans, ambulance service** and **free annual health camps** to provide health care to 500+ poor people in remote areas each year. Various **village development programs, vocational training** and **community training for resource conservation** etc. are also carried out by IDRF to enhance the incomes and standard of living of the underprivileged tribal communities across several states in India.

IDRF's Mission and Strategy in Action- III

GIVING BACK: An NRI's VISION

IDRF works closely with the Indian community in United States and offers a platform to support a cause of their choice in India. This has been a rewarding experience for IDRF, the beneficiaries and for the donors, who with their compassion and generosity help to break the cycle of poverty. One such philanthropic donor couple (who wish to remain anonymous), has been IDRF supporter since fifteen years and has donated over \$1.4 million. Just like IDRF, they have supported various development projects in various states all over India and not just their native state.

This donor couple provided hostels and orphanages for victims of terrorist attack and earthquake in **Jammu & Kashmir**. They supported a day care school for children with special needs in **Gujarat** and vocational training center and hostel for orphan tribal youths in **Odisha** and **Telangana** to help them become self-reliant. In **West Bengal**, they financed the construction of a Hindi medium school for poor migrant laborers' children to continue their education, as the language of instruction in the local schools is Bengali.

The donor couple's assistance in building of an OPD and pathology lab in **Assam** is helping poor get health care in hilly and remote areas.

Their donation enabled a hospital in **Rajasthan** to have eye-exam machines and medical instruments. They provided medical vans to serve underprivileged tribal communities in **Andhra Pradesh** and **Telangana** as a part of IDRF's successful integrated rural development program- "*Arogya Dhara*", that provided health, sanitation and livelihood.



Children are given computer lessons in school



Girl drawing drinking water from a dug well

Since 2003, they have supported Clean India Mission for ending open defecation in rural India. They have aided the construction of toilets in primary schools, public places and 1,707 personal sanitation units for rural poor in Gujarat. This has greatly benefitted girls, women and older people and freed them from the agony and risks associated with defecation in open places and keeping several diseases at bay. In addition, they supported the provision of safe drinking water and rain water harvesting in arid areas of Gujarat by investing in dug wells and check dams. This resulted in impressive quantity of water impoundment and recharging of wells that led to an increase in yield of crops and reduction in seasonal migration of people by 50%. The couple has also supported IDRF's disaster relief and rehabilitation programs for floods in Surat (Gujarat), **Uttarakhand** and Super cyclone in Odisha.

A unique thing about this donor couple is that-for each program they support, they visit the project site and assess the implementation first hand. As a result, they get an insight of effectiveness of their benevolence. Their services and philanthropy has helped empower and give a life of dignity to hundreds of thousands of impoverished people. We all salute this donor couple for their sustained magnanimity that is a source of inspiration for us!

Highlights of 2017

I. Education and Skill Development

Educating Rural Girls at Residential, Senior Secondary Schools, Rajasthan.

Partner: Bodh Shiksha Samiti

In 2015, IDRF started its partnership with Bodh Shiksha Samiti to provide free child-centered education to children from various urban and rural areas, living in the slums of Jaipur. Bodh's first residential senior secondary school 'Manas Ganga' is a girl's only school from sixth grade onwards and provides quality education and hostel facilities for the economically and socially marginalized. The school makes a significant attempt at providing a holistic educational framework to balance academics, arts, sports and vocational education components in order to enhance the skills of the girls. For the current batch, IDRF is supporting the boarding, food and educational expenses of 13 girls staying in the hostel. Girls from poor families are not only receiving education but also self-confidence. They have been able to mobilize other girls from the community to dream big and continue their education! This will help increase gender equality in their families and communities. The school drop-out rate for girls has also decreased to less than 15%.



These educated girls have been able to convince their families to postpone their marriages at a young age

Empowering Deaf, Blind and Deaf-Blind Children by Providing Education and Life Skills, Punjab.

Partner: Society for Welfare of the Handicapped



These children are being molded here to become productive members of society
"Service providers- not service seekers"

The School for Deaf, Blind and Deaf-Blind in Patiala provides free tuition and hostel facilities to 350 students with 280 staying in the hostel. This is the only school for blind in the state with a hostel for girls. Modern infrastructure and teaching aids have made this the most sought after school for special education in the region. A massive expansion project for classrooms and hostel facilities is ongoing. IDRF has been supporting the operational funds for the hostel and the education of 27 students.

Donor Testimonial

"IDRF is highly esteemed and respected organization and has earned respect and acclaim from the India Community...and has distinguished itself through its note-worthy and encompassing activities that have touched and moved the lives of needy people, especially youngsters in India...."

-Rateebhai & Dr. Rita Patel (Donors & Supporters)

II. Health

Managing Genital Prolapse in Nepalese Women

Partner: Public Health Concern Trust (pfect), Nepal

IDRF's partner pfect-Nepal conducted free surgeries for women with severe genital prolapse at Kathmandu Model Hospital. pfect is an NGO committed to developing a model of sustainable community healthcare in rural Nepal. In 2017, with grant from IDRF, 39 patients had successful surgeries and were provided free in-patients' post-operative care for a week following the surgery. Several outreach free health camps are regularly organized, which address the awareness and preventive measures for prolapse among women.



Rudra Kumari

Rudra Kumari Shreshtha, 58, was suffering from pelvic organ prolapse for 25 years and was reluctant to share her problems. When her daughter-in-law forced her to seek medical consultation, the doctors found out that she was suffering from pelvic organ prolapse, stage 3. Despite her financial hardships, she underwent a surgery and one week of free post-operative care supported by IDRF and pfect-Nepal. When she was discharged, she left the hospital with a big smile on her face and feeling free from 25 years of suffering.

BHIM -Better Health Intervention for Reducing Morbidity & Mortality in Malnutrition

Partner: Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan, Maharashtra

Malnutrition is one of the most common causes of increased mortality and morbidity in children under 5. IDRF is supporting a community health research project, which is researching whether small doses of antibiotics over a long term will be effective in reducing mortality and morbidity in malnourished children.

This study is being done on 5,000 children in 250 tribal villages of Nandurbar district of Maharashtra and Dang district of Gujarat. The results from this study will also help in improving the quality of life and survival of children with malnutrition.

Rural Sanitation Units for Clean India Mission

Partner: Economic Rural Development Society (ERDS), West Bengal

IDRF's eco-friendly rural sanitation program for Below Poverty Line (BPL) families has completed 509 sanitation units through ERDS. These units are considered 'Model Toilets' by Local Panchayats. In order to spread the awareness about the benefits of using sanitation units, ERDS has been showing videos to the other villagers and motivating them to construct and use toilets.

Partner: Swami Vivekananda Rural Development Society (SVRDS), Tamil Nadu

By the end of 2017, IDRF grants have enabled 36 rural poor families to construct private Toilet-cum-Bathroom in order to end open defecation. **Impact:** There is a marked improvement in the health and hygiene conditions of these families. There is an increase in their level of confidence, dignity and safety, especially of women and girls.



Pali Kisku (on left)

"After the construction of a sanitation unit for my family, we are able to spend more money on food". – says Pali Kisku, beneficiary.

Earlier the poor villagers had to spend more money on doctors' fees and medicines due to recurring gastrointestinal diseases.

III. Women’s Empowerment

Training Women Farmers on Modern and Efficient Agricultural Practices, Rajasthan

Partner: S M Sehgal Foundation

IDRF started a three-year (2017-2019) training program in collaboration with Sehgal Foundation, to educate women on new and efficient agricultural practices for growing vegetables. This project aims to build capacities of vegetable growing women farmers in five major skill areas namely land use efficiency, high quality production, production efficiency and water and energy efficiency. Growing vegetables is more employment intensive and brings in more money than staple food grain farming. In 2017, training programs were organized and solar powered-spray machines were given to 17 groups (each comprising of five farmers) which is used on a rotational basis within each group to ensure its optimum utilization. This is a convenient and efficient method to protect crops. By 2019, 2,000 plus farmers in 10 villages of Alwar district, are expected to benefit with an increase in their household incomes along with due recognition of women’s role in the rural economy.



Nine training programs were organized for educating farmers about modern and efficient farming techniques

Women’s Self-Help Groups and Micro-Credit Programs, Haryana

Partner: Arpana Research and Charities Trust



Training of Self-Help Groups through a play performance at a General Body Meeting

IDRF’s collaboration with Arpana Research and Charities Trust since 2000, has led to yet another successful two years project (2015 to 2017). This endeavor has resulted in formation of 821 Self Help Groups with 11,588 rural women members. Being a member allows thousands to receive financial training and IDRF supported micro-credits for starting up small business enterprises locally. SHG members have been able to receive about 7,234 loans since 2015 to stand up on their feet. Training events were organized regularly to reinforce record keeping, upgrading accounting and banking skills. These events were managed by modern technology like the phone messaging facility. Text messages were sent regularly regarding government policies and access to benefits.

Success Story

“My children are going to private school, we are earning well. Now my husband and in-laws give me a lot of respect. For all family decisions, they consult me as well”

Jyoti, 32, is a typical example of a person who has benefited from IDRF’s programs. Married off at a young age to a bonded laborer earning a paltry wage, she struggled to meet the needs of their growing family. She joined a SHG and began saving money to take her first loan to free her husband from bondage. She then took another loan to help buy an auto rickshaw, which assured them a regular income. She bought a buffalo and started a small business selling milk. The couple began to prosper and have built a small home for their family.

IV. Eco-friendly Development

Drinking Water Security and Participatory Ground Water Management, Chhattisgarh

Partner: Samerth Charitable Trust

After the success of IDRf's water harvesting project in the arid areas of Gujarat, the drinking water harvesting program has been expanded to the 8 most impoverished and backward hilly villages of Kabirdham district, where rainfall is inadequate and erratic. The area is inhabited by several indigenous tribes that are often excluded from

infrastructural and government services. Scarcity and poor quality of water force women to walk miles to fetch drinking water. Absence of water leads to low agricultural yields which in turn increases malnutrition and infant and maternal mortality rates. In 2017 with IDRf's support, Samerth provided spring management at 2 locations, 4 rain roof water harvesting structures and 8 earthen check dams for water conservation. One person from each village has been trained as 'Jaldoot' to implement the principals of participatory ground water management, conservation and efficient utilization. This project will provide adequate and clean water to 1,956 people in 511 tribal families.



Water harvesting of a spring

Village Energy Program to Generate Renewable Electric Power, Tamil Nadu

Partner: Swami Vivekananda Rural Development Society (SVRDS)

In 2017, IDRf and SVRDS, partners since 1996, started a program to provide eco-friendly electric power generated from solar energy to 100 villages in Kanchipuram district. People in these villages have limited or unreliable access to electric power. About 45 Solar photovoltaic (PV) systems of 250-watt capacity, with battery storage, two LED tube lights and a connection for fan have been installed at one room-school buildings (known as Single Teacher Schools) to enable them to conduct evening schools and in 5 individual houses in the villages. These PV cells provide electricity for up to 4 hours when fully charged.

The installation and maintenance of the solar PV systems is generating rural employment in non-agricultural sector and entrepreneurship. The modern and efficient energy solution is helping bring energy independence to these villages.



Solar PV system installed at single teacher school

Donor Testimonial

My husband and I have made donations over several years to support projects through IDRf...I had the opportunity to visit a few of the projects in Haryana and Gujarat and was very impressed by the quality of work being done...We were especially impressed by the quality of staff in each IDRf supported NGOs and projects - they were qualified and dedicated...I believe that IDRf is truly one of the best non-profits operating in the US!!

-Sudha Garg (Donor & Volunteer)

V. Good Governance

Enhancing Women's Participation in Village Governance, Haryana

Partner: Arpana Research and Charities Trust and ADIG

IDRF's 3-year program (2016-19) with Arpana as lead partner, and the Association for Democratic and Inclusive Govt. (ADIG) as a knowledge partner, aims to increase the participation of women in discussion and decision making at the 'Gram Sabha' meetings in Karnal. This promotes developmental programs in villages through participatory planning. A unique feature of the project is the use of mobile texting to mobilize & educate members to attend the meetings. This is causing a ripple effect as more women are participating, and, in 5 selected Gram Panchayats, a 50% increase in attendance is recorded. In 2017, training sessions on procedures and benefits of Gram Sabha were conducted in 100 villages and attended by 1,300 women. Women volunteers were nominated to form 'shadow' sub-committees to create a bridge between their community and panchayat's subcommittees. These 'shadow sub-committees' support subcommittees in fulfilling govt. schemes and amenities to promote livelihood and development plans.



945 women from 63 villages empowered as catalysts for promoting participation and strengthening the roots of democracy

Good Governance and Fighting Corruption - A Multi-Level Intervention in Rural Areas

Partner: Transparency International India, Bihar and Jharkhand

After the success of IDRF supported TII's project 'Pahal'- an intervention for improving governance in rural areas of

Bihar, a one-year project (2017-18) is aimed at raising awareness among 7,500 poor & illiterate families about their legal rights and entitlements in Bihar and Jharkhand. It is promoting interaction between citizens and govt. officials to improve service delivery and good governance. Citizens are provided a support system by way of a grievances redressal for combating corruption and free legal/administrative advice for reporting mal-governance. Youth volunteers are being trained to expose corruption and about various rights and entitlements for the citizens.



A baseline survey was conducted as a starting point for monitoring changes over the duration of the project

Transforming Quality of Life and Citizen Empowerment in Urban Areas across India

Partner: Janaagraha Center for Citizenship and Democracy

Since 2012, IDRF and Janaagraha are finding solutions to urban challenges through a structured "City-System Framework". In 2017, IDRF sent a grant for (1.) Civic Learning: for 40,000+ 8th graders to become informed & responsible citizens across 527 schools in 25 Indian cities. (2.) Civic Participation (a.) Mobile Apps -complaint redressal platform to fulfil Clean India objectives with 6million+ complains, 90% resolution rate. (b.) Community Policing with Bengaluru Police-5,712 awareness programs for 138,843 citizens in 15 jurisdictions. (3.) Helped in implementing municipal finance reforms focusing on revenue monitoring and enhancement in various states like Rajasthan, Jharkhand, Karnataka, Punjab and Uttar Pradesh, etc.

VI. Disaster Relief/Rehabilitation

India Flood-Relief and Rehabilitation Efforts

Partners: Economic Rural Development Society (ERDS), West Bengal, Gram Vikas Parishad, Bihar, Manav Seva Sansthan, Uttar Pradesh and Samerth Charitable Trust, Gujarat

Heavy monsoon rains caused flooding in several parts of India in 2017. Scores of people were killed and thousands rendered homeless. IDRF sent relief to the victims expeditiously through partner-NGOs. **400 relief-kits** were distributed in Bihar, Gujarat, Uttar Pradesh and West Bengal. The kits included flour, rice, oil, pulses, sugar, containers, water filters, mosquito nets and hygiene kits. The beneficiaries were identified in coordination with local govt. authorities and community members. Token based distribution mechanism was adopted to avoid duplicity and ensure full transparency. The beneficiaries were briefed on healthy hand hygiene habits and encouraged to use toilets in order to prevent the spread of water-borne diseases. IDRF has started the rehabilitation programs through Samerth by providing **rehabilitation kits** to victims like, potter's wheels, masonry and agriculture kits, sheep, goats, buffaloes, fodder, milk cans and sewing machines, etc.



80 poorest families have been given rehabilitation kits

Freak Storm- Relief and Rehabilitation Efforts

Partner: Economic Rural Development Society (ERDS), West Bengal



Maino Mardi's reconstructed house in Badnagara

On March 25, 2017, a massive storm, wreaked havoc in Malda district and hundreds of lives in nine villages were devastated in just 22 minutes. 69 houses were damaged and crops destroyed and livestock drowned. This was financially devastating for the poor people. IDRF immediately sent help through ERDS to assist the victims and help them start up again. **31 irreparably damaged houses were reconstructed, repairs** were made to 38 houses and **new livestock** (one cow, four goats or four pigs per household) were provided to 69 families.

"No one came forward to help us after the storm. Only ERDS, with the support of IDRF came to our help and enabled us stand on our feet again. We are grateful to ERDs and IDRF for this!"

– Chabilal Kisku, a storm victim from Khonta village

Project Site Visits by Board Members and Volunteers

Sasala Challa (Board Member) at Sahaj Seva Samasthan's (SSS) Eco-Friendly School, Telangana



Sasala Challa (second from left) at the school for disadvantaged children

IDRF has been supporting SSS's two schools since 2005. One provides free education to the children with special needs and the other one to disadvantaged children in an environment where besides academic excellence and vocational learning, the noble qualities and moral values are inculcated in the students through associative teaching methods. Dr. Challa visited the school for the disadvantaged students and was impressed by the enthusiasm with which the staff runs this school. She visited the classrooms, science labs and also attended a poetry competition. She got to tour the school's kitchen where their signature organic cookies are produced. The school's philosophy is that healthy food and yoga keep the body and mind healthy and are therefore,

important pillars of any child's education. A unique feature of this school is that, a series of solar panels are being used to generate eco-friendly electricity that this school runs on!

Durgesh and Ashok Gupta (Volunteers) at Bodh Shiksha Samiti's Manas Ganga Hostel, Rajasthan

IDRF partner since 2015, Bodh runs a senior secondary residential school for marginalized rural girls. IDRF is supporting the hostel and educational expenses of 13 girls staying here. The Guptas toured the campus and saw how Bodh runs the facility and provides holistic education to the girls. The campus is kept clean and the dormitory rooms are spacious. They shared lunch with the students in the cafeteria and were impressed by the healthy meal options available to the girls. After school, the students participate in yoga, sports and extra-curricular activities. They are also encouraged to celebrate cultural events on the campus where they set up booths for games and food. The girls are assigned some jobs to help maintain the facility, which not only keeps the campus clean, but also helps retain a sense of ownership among them. "The girls here look happy and completely at home!" beams Durgesh Gupta.



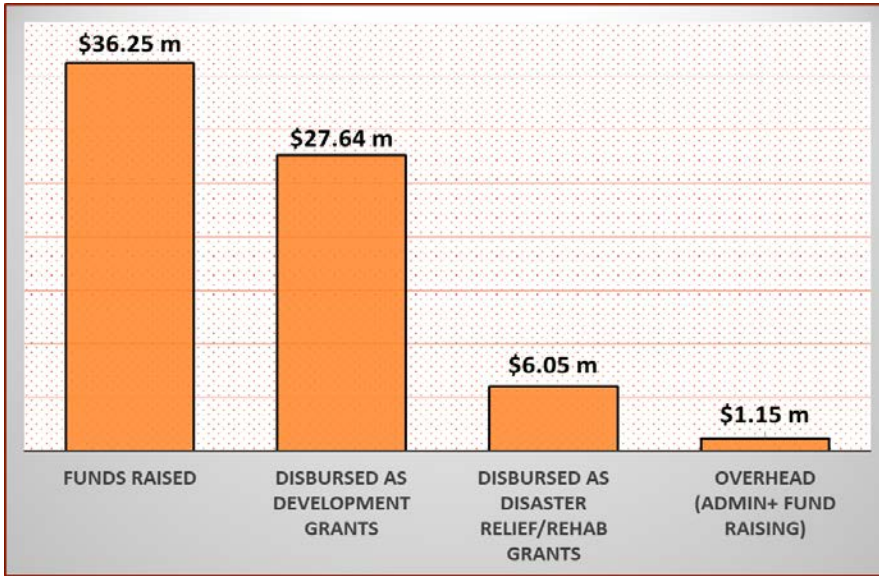
Durgesh Gupta in the hostel cafeteria with the girls

Special Mention:

Prem Garg (Board Member) visited the School for Deaf, Blind and Deaf-Blind run by Society for Welfare of the Handicapped, Punjab. He met with officials from Arpana Research and Charities Trust, Haryana, Janaagraha Center for Citizenship and Democracy, Karnataka and Transparency International India, Bihar.

Neelima and Krishna Jayaraman (Volunteers) visited Dharma Vana Arboretum in Telangana. This is a one of its kind biodiversity conservation project for tropical dryland flora and IDRF has funded part construction of its infrastructure and facilities.

IDRF's 30 Years' Journey



Disbursed \$33.7 million in grants over 30 years

Overheads are only 4% so 96 cents of \$1 goes directly to beneficiaries

Few IDRF's accomplishments over the years:

ECO-FRIENDLY DEVELOPMENT


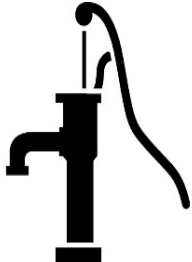
Water Harvesting & Security of Drinking Water

GUJARAT

105 VILLAGES: 127 Check Dams/Ponds & 147 Wells

Prevented seasonal migration

240,000 people with improved education, health & economic sustainability

CLEAN INDIA MISSION

End Open Defecation


Sanitation Units
2,500 private toilets for rural poor in Gujarat, West Bengal and Tamil Nadu



HEALTH CARE

Mobile Medical Clinic

14,000 patients treated per year in remote areas of Assam and Arunachal Pradesh



WOMEN'S EMPOWERMENT

Self-Help Groups

2,130 women made self-reliant in 333 villages in Haryana, Maharashtra and West Bengal



10,000 women farmers trained in efficient ways of agriculture in Maharashtra and Rajasthan

DISASTER RELIEF & REHABILITATION

India Floods 2017

400 relief kits distributed in Bihar, Gujarat, Uttar Pradesh and West Bengal

80 Poorest Victim Families provided Rehab kits to earn livelihoods in Gujarat



Nepal Earthquake 2015

160 Relief & Hygiene Kits distributed

ICU set up at Kirtipur Hospital for free treatments



Tamil Nadu and Andhra Pradesh Floods 2015

10,075 Relief Kits distributed
7 new houses constructed



Indian Ocean Tsunami 2004

\$1.1 million in aid to India, Indonesia, Sri Lanka and Thailand



Gujarat Earthquake 2001

\$3 million in relief and rehabilitation to victims

INTEGRATED RURAL DEVELOPMENT

Health, Sanitation and Livelihood for 7,800 tribal families in 133 remote villages of Telangana through unique Private-Public partnerships



EDUCATION

100 Tribal Girls- Free Education & Hostel
303 Youths: Skill Training
And 245 Job Placements
365 Special Needs Children educated in 3 states
10,000 Students helped in in 9 states



GOOD GOVERNANCE

URBAN

27,000 students in 400 schools across 12 metro cities in India trained to be responsible citizens



RURAL

40 Gram Panchayats in Bihar & Jharkhand trained to access government programs and combat corruption



1.84 million citizen complaints raised through mobile apps

Future Projects

IDRF expands the scope of its work by starting new projects in different geographical areas each year in order to reach out to and empower more underprivileged people. We hope that you will continue your support for the ongoing projects as well as for the new projects that we will be undertaking in 2018.

Mobile Clinic for slums in Aurangabad, Maharashtra

After the success of IDRF-supported mobile clinics in other parts of India, we are now collaborating with our long-time partner **Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan** to expand our program for three years (2018-2021) to the six slums in Aurangabad. IDRF intends to use medical services as a tool for social development of people living in abject poverty and unhygienic conditions in densely populated slums. The donations to replace the existing van have already been sent. IDRF will support this project through holistic preventive health activities and people participation leading to community development. Primary health care facilities will be availed by 24,000+ slum dwellers per year. Cataract and micro ear surgeries will be performed free of cost for the poor and the needy. Volunteers will be selected and trained to carry out various health awareness camps. This project will require us to raise \$58,000 in order to improve people's health and bring awareness among them to lead a healthier life that will result in increased economic productivity.

Fighting Malnutrition among women and children in tribal villages, Arunachal Pradesh

In the remote hilly villages, about 73% children are malnourished and about 55% women are anemic as a result of multiple pregnancies. IDRF in partnership with **Vivekananda Kendra** is starting a project wherein, 200 children and 50 women from 12 villages with severe symptoms will be identified in the first phase. Children will be provided nutritious meals through *Balwadis* and women will be given supplements by health workers. Regular health awareness camps will be conducted to monitor the changes and special care given to pregnant and lactating women. The families will be encouraged to grow more grains, vegetables and fruits for consumption at home in order to improve their health. This project will require us to raise \$15,000 per year in order to fight malnutrition among children and women in tribal villages.

Integrated Development Centers and Expansion of Patient Attendance Course, Maharashtra

IDRF in partnership with **Swa-Roopwardhinee** will provide after-school extra-curricular activities to selected few students and create a big team of "tomorrow's leaders, mentors and volunteers". IDRF's partner has successfully set up 16 centers in Pune and benefitted 800+ students. With IDRF's support the project will be expanded to other cities and districts in the state. IDRF will also support the expansion of vocational training courses in several cities, for needy women to become patient attendants and be self-reliant. There is a growing demand for trained attendants to assist the nurses and doctors in hospitals, thus, ensuring is a 100% placement opportunity for these women upon the completion of the course! This project will require us to raise \$11,500 per year to help setup integrated development centers and provide vocational training to needy women.

Musahar Empowerment and Livelihood Project, Uttar Pradesh

The *Musahars* are one of the most socially and economically marginalized communities in North India. A three-year project in partnership with **Manav Seva Sansthan** in 20 villages of Kushinagar district will focus on increasing economic opportunities for these people through the promotion of market oriented livelihood streams such as vegetable cultivation, goat rearing, candle making, and backyard poultry, etc. Skill development of youth in various marketable trades to enhance their employability and an improved access to health, nutrition, sanitation and social entitlements will also be undertaken. Apart from creating community awareness on rights and entitlements, the project will also facilitate, train and handhold the community to avail these services in order to empower them. This project will require us to raise \$120,000 over three years to help the downtrodden *Musahar* community.

IDRF TEAM

Executive Team

Dr. Vinod Prakash	<i>Chief Executive</i>
Ms. Vandana Matravadia	<i>Operations Manager</i>
Dr. Niti Duggal	<i>Project Consultant</i>
Ms. Sarla Prakash	<i>Assistant Treasurer</i>

Support Team

Mr. Anurodh Agarwal	<i>Audio/Video</i>
Mr. Rajesh Gooty	<i>Public Relations</i>
Mr. Rajeev Jain	<i>Information Technology.</i>
Ms. Sudha Jain	<i>Website Coordinator</i>
Mr. Navin Prasad	<i>Advisor (India)</i>
Capital Infotech Inc.	<i>Website Maintenance</i>

Board of Directors

Dr. Vinod Prakash	President
Mr. Dileep Thatte	Vice-President
Dr. Prem Garg	Treasurer
Dr. Sasala Challa	Secretary
Ms. Reena Goyal	Member
Mr. Mohinder Gulati	Member
Dr. G.R. Verma	Member

Auditors

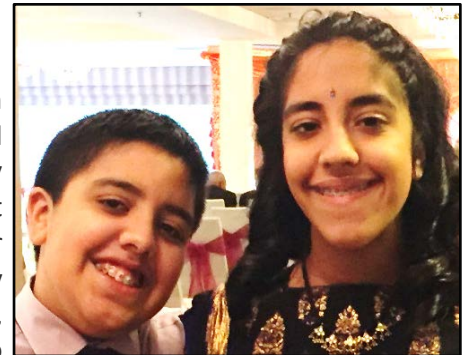
Desai & Shah, PC, CPAs, Maryland, USA

Accounts

Banumati Ramkrishnan CPA, LLC

Young Leaders in Community Service

Roopa Avula, and **Anand and Aradhana Bannerji**, are a team from New Jersey, with a connection through a passion for music and community service. Roopa, their music teacher was invited by the Bannerjis to attend Anand's *Upanayam* Ceremony. She couldn't attend the event, but in lieu of sending a gift, she encouraged her students to become a part of a community service project. They raised over \$1,700 for IDRF by reaching out to the local community, via social media and word of mouth for the three causes closest to their hearts: healthcare, education for women, and clean living.



Anand and Aradhana

IDRF 5821 Mossrock Drive, N. Bethesda, MD 20852

Email: admin@idrf.org | Tel: (301) 704-0032 | Web: www.idrf.org

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GET INVOLVED

IDRF Overheads are ONLY 4% and 96 cents / \$1 goes directly to beneficiaries!

DONATE

MAIL

Please make your **CHECK** payable to: **IDRF** and mail to
India Development and Relief Fund
5821 Mossrock Drive
North Bethesda, MD 20852
(Please include your email address for the receipt)

ONLINE

<https://donatenow.networkforgood.org/IDRF>

Double YOUR Donation

Corporate Employees may double their donation through Charitable Matching Gift Programs at their company (Consult your company's HR department)

World Bank Group (WBG)

Staff and retirees may double their donation by participating in WBG Community Connections Fundraising Campaign and selecting IDRF

Combined Federal Campaign (CFC)

US Federal Govt. employees may donate through the CFC

Amazon Smile

Support IDRF while you shop—at no extra cost to you!
<https://smile.amazon.com> Choose "IDRF" as your charity

VOLUNTEER

RAISE FUNDS
VISIT A PROJECT
SUPPORT A CAUSE
TELL FRIENDS ABOUT US
WRITE A REVIEW OF IDRF
www.greatnonprofits.org
FIND US ON SOCIAL MEDIA

JOIN OUR MAILING LIST

www.idrf.org/join-our-mailing-list/

OTHER WAYS TO DONATE

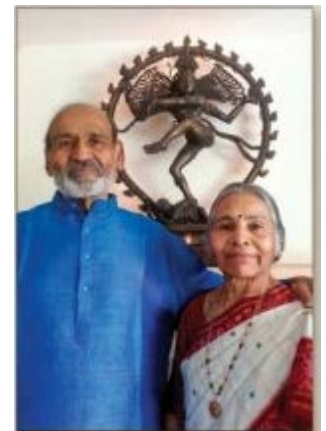
Stock Transfer
Charitable Trust
Used Car Donation

FOR MORE DETAILS
admin@idrf.org

DONOR SPOTLIGHT

A unique way to give back to your motherland!

The most common theme among IDRF's supporters is a profound connection with India, which one can see in many different forms. According to a longtime IDRF supporter **Dr. B.P. Lathi**, *"India is always on my mind... the debt I owe... where I studied till 22 years of age in government schools. For a poor country like India, this was an enormous investment in me and I would like to pay back my debt in whatever way I can."* Indeed Dr. Lathi and his wife have given back, by designating half of their **Charitable Remainder Trust to IDRF**. This is a process by which one can donate a property to their favorite charity. This is extremely beneficial for donors, especially when a one gives an appreciated property, he/she pays no taxes on it. IDRF raises funds to support several educational and social institutions in India, so for Dr. Lathi, *"This was a good fit for what I wanted... IDRF was the right charity."*



Dr. B.P. & Mrs. Lathi